

Keeping Safe



This information is about keeping you safe at ICLA.

Everyone has a right to feel safe.



No-one is allowed to hurt you. This is called **abuse**.

Abuse can also be if someone makes you feel unsafe or afraid.

Abuse is not okay.

Where to get help



ICLA will help you if you are being abused or neglected.

We will make sure you feel safe.

We will take quick action to try to fix the problem.

Remember – it is not your fault if someone abuses you.



Tell us if someone hits you or hurts you.

Tell us if someone touched you in a way that you don't like.

Tell us if something worries you.



Tell us if someone takes your things or your money.

Tell us if you do not get the care you need.

You can talk to someone from ICLA:

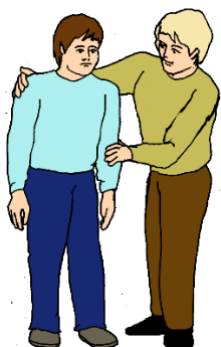


- Your Support Worker or Site Supervisor
- Other ICLA staff
- Make a complaint through ICLA's website

www.icla.org.au

- Call ICLA Head Office on [9281 3338](tel:92813338)

Or you can talk to someone from outside ICLA:



You can ask for an **advocate**.

An advocate is someone from outside ICLA who will support you if there is a problem.

An advocate can help you make a complaint.

[Ask ICLA staff to help you contact an advocate.](#)



You can talk to a **counsellor at 1800RESPECT**. They support people who are impacted by violence and abuse.

[Call 1800 737 732.](tel:1800737732)