

About ICLA

What We Do

At ICLA there is no wrong door and our range of services offer a stepped care approach to mental health and psychosocial disability support. With a 30 year history, ICLA have implemented the CHIME framework to deliver personalised, recovery-orientated support to encourage connectedness, hope, identity, meaning & empowerment.

How We Work

ICLA works within 4 main streams that offer a range of different programs, pilots & initiatives

- Pathways Home
- Innovative Peer Support
- Connection & Coordination
- Psychosocial Recovery

Why We Do What We Do

Our Vision is the people we support, our staff & the organisation, all thrive.

Our Purpose & role is to promote people's independence, active participation & inclusion in the community to live a valued life.

Our Mission is to deliver personalised support enabling individual choice to improve people's lives.

Our Values

- Respect for all
- Integrity in all we do
- Result for those we serve

What other supports does ICLA provide?

ICLA offers a range of supports for people with mental health concerns and/or psychosocial disability. These include:

- The Prevention and Recovery Centre (PARC) is a short stay residential program for people designed to assist people in their mental health recovery.
- The Suicide Prevention and Recovery Cottage (SPARC) provides non-clinical respite & peer support for people experiencing stress, hopelessness and situational crisis.
- eFriend is a virtual peer support service for people who are feeling down, isolated or stressed.
- The Independent Living Program provides shared community housing with tailored personalised supports.

To find out more, visit our website
www.icla.org.au



**Independent Community
Living Australia**
Everyday life changing

CONTACT US

8-24 Kippax St, Surry Hills NSW, 2010
02 9281 3338
info@icla.org.au
www.icla.org.au

**SUPPORTED
INDEPENDENT
LIVING**

**INDEPENDENT COMMUNITY
LIVING AUSTRALIA**



AN EVERYDAY LIFE CHANGING INITIATIVE FROM ICLA

ICLA was established in 1984 and is a specialist provider of supports and services to people with a mental illness (psychosocial disability). We strive to deliver goal orientated support to increase confidence and allow for a sense of independence. We are a community housing provider and manage a number of residential properties, providing long-term, secure and affordable accommodation.

What is Supported Independent Living (SIL)?

Supported Independent Living is an NDIS support where a person with a disability lives with other people and receives support with everyday tasks such as cleaning, cooking and personal care.

Who Can Live in a ICLA SIL House?

Our Supported Independent Living Program is for people:

- With mental illness (psychosocial disability)
- Aged between 18 and 65 years Of any gender.
- We have houses that are mixed genders as well as single sex.
- Without current problematic substance use.
- Eligibility or approval for NDIS SIL funding

Where does ICLA have Supported Independent Living properties?

- | | |
|----------------|-------------|
| • Marrickville | • Maroubra |
| • Randwick | • Caringbah |
| • Hurstville | • Miranda |
| • Daceyville | • Mascot |
| • Belfield | • Petersham |

What Supports do we offer to people living in our Supported Independent Living Houses?

- Individualised support and assistance with daily personal supports provided by staff who are experienced working in mental health
- Community access as we know it is important to have friends and enjoy time in the community doing interesting activities.
- Personalised support from a clinical practice team

Please give us a call on
02 9281 3338
or email us at
enquiries@icla.org.au
to learn more about our
vacancies.